

gold watch.

YES, WE ARE STILL CELEBRATING

Super-Luminary



Volume 3, Issue 4

April 2010

know the 100 year old tree was ever there..

IN THIS ISSUE	NEW MEMBERS
Welcome New Members	1.000
Upcoming Schedule	New Members
Raffle Tickets	Now Mo
New Books in Gift Shop	
Recent Donations	Welcome new member, Bill Duveneck
 Sympathy Wishes 	of Bethany Beach, De. Bill is one of the
Spotlight	Sussex Amateur Radio group, and is at the
 Defensive Driving 	museum frequently, cutting the grass.
 Congratulations 	
Special Thanks	New Life Members Gary & Cinda Allison
Get Well Wishes	of Bridgeville
Rental Rules & Dead Tree	
UPCOMING SCHEDULE	RECENT DONATIONS
	Terry Timmons, old gas cans
The second of th	for the gas station, and a very
The next meeting will start att 7:30 P.M.	old carriage seat.
on Monday, May 3, 2010. The feature speaker will be Ralph Prettyman. He is a	old carriage seat.
historical consultant from Milford who will	
talk about the restorations of the "Smith	1940's Baby Carriage from Syd
House" also known as the "Dr Green	Plymtree. The carriage is from
House," and is one of the oldest buildings	Timmins, Ontario, Canada, and
in Georgetown located at 8 South Front	
Street, across from the Sussex Countian	(Terry Timmons did the repairs
newspaper office.	on it.)
	Janice Owens for some family
	memorabilia.
RAFFLE TICKETS AVAILABLE	GOOD NEWS
Don't forgot we still have	
raffle tickets left for the	removed this week before it had the chance
Shotgun \$10.	to fall on the Gift Shop and Welcome
	Center. Randy Gooner of Randy's Tree
Also selling tickets for a	Service was the lowest bidder, and he did a
Beautiful Pearl Necklace in celebration of	great job even throwing in some extras, and
our 30th Anniversary, and a man's Swiss	he chipped the stump so we won't even

DEFENSIVE DRIVING

Next defensive driving classes are scheduled for: Thursday, May 13th and Wednesday, May 26th both for the advanced classes. Their lack of students for the May 4th & 5th basic classes has forced them to cancel those two. If you complete the course you are eligible to receive a discount on your vehicle insurance. The classes are conducted in the Lynch Building from 6:30 P.M. To 9:30 P.M., however, you must call toll free to register (800)342-2287.



- Eastern Shore League (Images of Baseball autographed by the author, Mike lambert)
- Remembering Sussex County from Zwaanendael to King Chicken (Author is one of our members James Diehl)
- The Garden of American Methodism by William H. Williams



SPOTLIGHT

Spotlight this month is on "Little Miss Georgetown," who just happens to be the daughter of John & Dareth Penuel and her name is Lily. Congratulations!!!!!!!

NEW RENTAL RULE

There will be absolutely <u>NO</u> foil confetti allowed at any other rentals in either building. They are worse than pine needles and we are picking them up a year later. If this rule is not followed there will be an extra cleaning charge of \$50.00 imposed.

SYMPATHY WISHES

Sympathy to the Ed & Lynn Lester family in the loss of Ed's Mother, Helen Lester. Expressions of sympathy can be mailed to them at 32344 River Rd, Millsboro, De 19966

Upcoming Schedule

Monday, June 7, 2010 indoor picnic, in other words a covered dish dinner. Paper products, main entree, and beverages will be provided. \$5.00 charge per person to cover expenses. No speaker scheduled. Please call us if you plan to attend so we can be sure we have ordered enough of the main entree 855-9660.

NO REGULAR MEETINGS DURING JULY & AUGUST

Thanks to everyone who continues to bring in their recyclables, and to Hank Engberg who takes them in for us. The tabs are turned in to the Ronald McDonald house thru the Telephone Pioneers.

So Keep on Keeping On!!

CONGRATULATIONS

Another spotlight and congratulations to our member, Joseph Walls for being selected as "Teacher of the Year for Long Neck School." He was nominated and in the running for the District winner along with fourteen other candidates. He is the son of Harvey & Biffy Walls, and the grandson of Rosalie Walls

GET WELL WISHES

To Ron Folke and Mickey Scroggins since they both had a stay in the hospital recently.

SPECIAL THANKS

To Lope Headley for mowing the grass in the pastures.

To SARA (Sussex Amateur Radio Association) members for mowing the grass on the inside complex.

To John Horseman and his brother, Don Horseman for tackling a lot of odd jobs at the museum complex.

To our President, Jim Bowden for ALL OF THE EXTRA things that he is constantly doing at the museum, and to his wife, Christine, and his son, Skyler for helping.

To Jack & Pat Short for keeping watch on the museum, and their ongoing donations.

To Joan Messick for all the extra errands that she is always doing.

To Eleanor Raye Warrington, Barbara Dietrich, Irene Elliott, and others for helping identify the old senior class pictures.

AND TO ANYONE THAT I HAVE MISSED FOR WHATEVER YOU DID! ****** HELPFUL TIDBITS OF THE MONTH

Would you like to have your clothes that are in your dresser drawers smell good? Simply spray a cotton ball with your favorite perfume and toss it into the back of the drawer.

To remove labels stuck to glassware, combine equal parts of white vinegar and lukewarm water in a basin and then soak the glassware for 10 minutes. The stickers will come off easily.

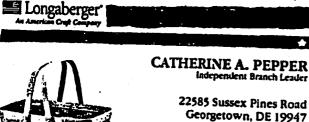
Need a hostess gift for a gardener? Fill a pretty flower pot or terra cotta pot with seed packets, gardening gloves and small tools.



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Rosalie Walls

Pass The Butter .. Please..

This is more than interesting . . .

Margarine was originally manufactured to fatten turkeys. When it killed the turkeys, the people who had put all the money into the research wanted a payback so they put their heads together to figure out what to do with this product to get their money back. It was a white substance with no food appeal so they added the yellow colouring and sold it to people to use in place of butter How do you like it? They have come out with some clever new flavourings.

DO YOU KNOW.. The difference between margarine and butter?

Read on to the end...gets very interesting!

Both have the same amount of calories.

Butter is slightly higher in saturated fats at 8 grams; compared to 5 grams for margarine.

Eating margarine can increase heart disease in women by 53% over eating the same amount of butter, according to a recent Harvard Medical Study.

Eating butter increases the absorption of many other nutrients in other foods.

Butter has many nutritional benefits where margarine has a few and only because they are added!

Butter tastes much better than margarine and it can enhance the flavours of other foods.

Butter has been around for centuries where margarine has been around for less than 100 years.

<u>And now, for Margarine..</u>

Very High in Trans fatty acids.

Triples risk of coronary heart disease.
Increases total cholesterol and LDL (this is the bad cholesterol) and lowers HDL cholesterol, (the good

cholesterol)

Increases the risk of cancers up to five times...

Lowers quality of breast milk.

Decreases immune response.

Decreases insulin response.

And here's the most disturbing fact.... HERE IS THE PART THAT IS VERY INTERESTING!

Margarine is but <u>ONE MOLECULE</u> away from being <u>PLASTIC...</u> and shares 27 ingredients with <u>PAINT</u>

These facts alone were enough to have me avoiding margarine for life and anything else that is hydrogenated (this means hydrogen is added, changing the molecular structure of the substance).

You can try this yourself:

Purchase a tub of margarine and leave it open in your garage or shaded area. Within a couple of days you will notice a couple of things:

- * no flies, not even those pesky fruit flies will go near it (that should tell you something)
- * it does not rot or smell differently because it has no nutritional value; nothing will grow on it. Even those teeny weeny microorganisms will not a find a home to grow. Why? Because it is nearly plastic. Would you

melt your Tupperware and spread that on your toast?

Share This With Your Friends.....(If you want to butter them up')!

Chinese Proverb: When someone shares something of value with you and you benefit from it, you have a moral obligation to share it with others.

Pass the BUTTER PLEASE

Henker for ()
Listeneng ()
. Rossie

16th ANNUAL PENINSULA BLUEGRASS FESTIVAL

THURS., FRI., & SAT., JUNE 17, 18, & 19, 2010

Marvels' Carriage Museum * Georgetown, DE

Limited Shaded Campsites * Concessions * Shaded Seating in Concert Area Pets Welcome (on leash) * No Coolers, Alcohol, or Pets in Concert Area Don't Forget Your Lawn Chairs * Rough Camping Only

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SAT.

Summit Hill

SAT.

California Ramblers

SAT.

Timmons Family

SAT.

Long Ryde

FRI.

Hillbilly Water

FRI. & SAT.

Jay Armsworthy & Eastern Tradition

FRI.

(Bands Subject to Change)
In case of inclement weather, show will be held indoors.

Friday Show (4 p.m. – 10 p.m.) \$15

Saturday Show (11 a.m. - 10 p.m.) \$25

Weekend Ticket \$40 (rough camping included)

No Advance Tickets.

RAIN OR SHINE - NO REFUNDS

LOCATION:

Marvels' Carriage Museum

510 S. Bedford St., Georgetown, DE

South on Rt. 113 to Georgetown. Stay on Rt. 113 to First State Chevrolet, then turn left. Festival is ¼ mi. on right

Sound by: "Doc" Sound

FOR INFO:

Marie @ 302-875-2595

Stan @ 302-934-1143

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Pick In & Covered Dish Dinner on Thursday Night, June 17th at 6:00 (5.00 per person)



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